



SEN Newsletter

Issue 4
Autumn Term
December 2024



I cannot believe how quickly the Autumn term has passed as we approach the festive holidays. The children have had a fantastic term of learning inside and outside of the classroom and we are ending on a high with the incredible Christmas performances.

Merry Christmas!

SENCo

Our Special Educational Needs Co-Ordinator (SENCo) is Mrs. Wallace.



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A huge **Thank You** from everyone here at Robert Miles Junior School to **Mrs Thacker**, who is leaving us at Christmas.

Mrs Thacker has been an incredible teaching assistant here for many years; her knowledge, support and dedication to all the children have helped so many to flourish.

She will be sorely missed by all the pupils and staff here at school.

We all wish her the best for the future.



Get crafty this Christmas! Sitting together and doing something art or craft based is a great way to have a check in with your children and talk through any worries they have without the pressure of a face-to-face conversation. Children tend to feel more confident talking about things when they are doing something. If art and craft aren't your thing, maybe try baking, playing a game or even going for a walk together.

Mrs Ward (School ELSA)



Spotlight focus...



Christmas is a wonderful time of year, but we need to remember:

- Constant changes in routine
 - More social events
 - Noise
 - Extended mealtimes
 - Blinking lights
 - Returning to school after a break
- Can be very wearing for children.

Children are more likely to have meltdowns. They need extra support right now.

How to support your child:

- Schedule some down time
- Unannounced visitors can cause anxiety – where possible give your child the heads up of who's coming
- Don't feel guilty telling friends and relatives if something doesn't work for you or your child
- Get lights that have controls to adjust brightness and flashes to reduce sensory overload
- Take care of yourself too - Don't put unrealistic pressures on yourself, the holidays can be overwhelming for everyone.

SEND Jargon Buster

SEND - Special Educational Needs and Disabilities

SENDCo - Special Educational Needs and Disabilities Coordinator

IEP - Individual Education Plan

ISP – Individual Support Plan

SALT - Speech and Language Therapist

OT - Occupational Therapist

EP - Educational Psychologist

CAMHS - Child and Adolescent Mental Health Service

Broad areas of needs - There are the four broad areas of SEND (see below).

Some children's needs may fall under one of these areas and some children may have more complex needs which fall under more than one area.

